

Lake Norman Tai Chi Center

Class Schedule

Last Updated: August 5, 2013

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					Qigong 11:45 a - 12:45 p
					Tai Chi 11:45 a - 1:15 p Only open to Tai Chi Chuan Students
Qigong 7:30 p - 8:30 p		Qigong 7:45 p - 8:45 p			
Tai Chi 7:30 p - 9:00 p Only open to Tai Chi Chuan Students		Tai Chi 7:45 p - 9:15 p Only open to Tai Chi Chuan Students			