

Lake Norman Tai Chi Center Class Schedule

* For Tai Chi Trial Program Members Classes end 30 minutes earlier

	SUN	MON	TUE	WED	THU	FRI	SAT
11 AM							
:15							
:30							
:45							Tai Chi *
12 PM							
:15							
:30							
:45							
1 PM							
:15							
:30							
7 PM							
:15							
:30		Tai Chi *					
:45							
8 PM							
:15							
:30							
:45							
9 PM							